

SAINT JOSEPH'S **HAWKS**



SAINT JOSEPH'S UNIVERSITY WOMEN'S ROWING RECORD BOOK



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CREDITS

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WWW.SJUHAWKS.COM

Facebook: Saint Joseph's University Women's Rowing

Twitter: @SJUHawks_WRow

Instagram: SJU_WRowing

QUICK FACTS

The University

Location Philadelphia, Pa. 19131
 Founded 1851
 Enrollment 4,856
 Denomination Roman Catholic (Jesuit)
 Nickname Hawks
 Colors Crimson and Gray
 Athletic Affiliation NCAA/Division I
 Conference Atlantic 10
 Home Course Schuylkill River
 Boathouse Robert M. Gillin, Jr. Boathouse
 (2200 Kelly Drive, Philadelphia, PA 19129)

The Team

Head Coach Gerry Quinlan (Notre Dame '91) - 18th Season
 Recruiting Coordinator/Assistant Coach
 Brianna Lampman (Saint Joseph's 06) - 7th Season
 Assistant Coach Patti Scinto (Saint Joseph's '94) - 4th Season
 Assistant Coach Maria McDevitt (Philadelphia Univ. '10) - 1st Season
 Co-Captains Maria Biancaniello, Katherine Robb
 Head Coach Email gquinlan@sju.edu
 Rowing Office 610-660-1730



ROBERT M. GILLIN, JR. BOATHOUSE

The Robert M. Gillin, Jr. Boathouse was dedicated in June 2002 as the home of the Saint Joseph's University men's and women's rowing teams.

The 15,540 square foot state-of-the-art boathouse includes four heated boat bays with capacity for 42 eights, 14 fours/quads, and 14 small boats.

The boathouse sits on 20,381 square feet of land at the 1,000-meter mark of the famed Schuylkill River race course. The boathouse serves as SJU's home base for all of its home regattas, including the Dad Vail Regatta, Murphy Cup, and various dual races. The 750-square foot deck is a perfect viewing area for families, fans, and alumni.

The second floor of the boathouse includes locker rooms, showers, etc as well as a large common area for ergs, team meetings, and video review.

The Gillin Boat Club joined the Schuylkill Navy on September 20, 2004, by unanimous vote of the delegates of the Schuylkill Navy's 10 member clubs.

In addition to serving as the home of Hawk rowing, the Gillin Boathouse also hosts several summer camps including the Saint Joseph's University/Fairmount Park Commission's Community Rowing Program.

The first floor:

- 8,860 square feet
- four bays
- access to the floating dock
- adjoining 270 square foot veranda

The second floor:

- 6,680 square feet
- common areas for meeting and out-of-water instruction
- wireless internet / satellite television
- locker and bathroom facilities
- 750 square foot second-floor deck
- large windows
- elevator





2015-16 YEAR IN REVIEW



- Saint Joseph's finished fifth in the team standings at the Atlantic 10 Championships with the Varsity 4 earning a bronze medal.
- All three of the Hawks' entries in the Dad Vail Regatta advanced, with the Second Varsity 8 and the Third Varsity 8 each recording fifth-place finishes, while the Varsity 8 placed first in the Petite Final.
- Saint Joseph's earned two second-place finishes at the Kerr Cup, in the Second Varsity 8 and the Second Varsity 4.
- The Hawks' Second Varsity 8 finished second in the Kelly Cup, the city championship, as did the Freshman 8.
- Junior **Katherine Robb** was named to the Atlantic 10 All-Academic Team and the *Philadelphia Inquirer* Academic All-Area Team. The accounting major also earned spots on both the Atlantic 10 Commissioner's Honor Roll and the SJU Athletic Director's Honor Roll.
- A total of 26 student-athletes were named to the SJU Athletic Director's Honor Roll for the Spring semester, while 10 received Atlantic 10 Commissioner's Honor Roll recognition.
- The team earned a Public Recognition Award from the NCAA for the seventh consecutive year, for posting Academic Progress Rate scores in the top 10 percent of their sport nationally.

2015-16 HONORS

Atlantic 10 All-Conference First Team: Delaney McGuire
Atlantic 10 All-Conference Second Team: Brittany Stokes
Atlantic 10 All-Academic Team: Katherine Robb
Philadelphia Inquirer Academic All-Area Team: Katherine Robb
NCAA Public Recognition Award: Team

TEAM AWARDS

Most Outstanding Performer: Maura Daly
Vasquez Award: Delaney McGuire
Dorie Leahy Award: Katherine Robb
Scholar-Athlete Award: Brittany Stokes
Academic Award: Caroline Strauss



Delaney McGuire earned Atlantic 10 All-Conference First Team honors in 2016.

RESULTS

| DATE | EVENT | TIME | FINISH |
|----------------------|---|---------|------------|
| 3/26 | Murphy Cup | | |
| | Varsity 8 (Petite Final) | 6:54.11 | 1st |
| | 2nd Varsity 8 | 7:00.90 | 3rd |
| | Freshman 8 | 7:29.53 | 4th |
| | Varsity 4 "B" | 8:41.35 | 6th |
| | Freshman 4 | 8:29.47 | 4th |
| 3/28-29 | San Diego Crew Classic | | |
| | Varsity 8 (Petite Final) | 7:47.90 | 6th |
| 4/8 | GW Invitational vs. Georgetown | | |
| | Varsity 8 | 6:38.70 | 2nd |
| | 2nd Varsity 8 | 6:46.30 | 1st |
| | Varsity 4 | 7:42.80 | 2nd |
| | 3rd Varsity 8 (2V8 race) | 7:15.80 | 3rd |
| 4/9 | GW Invitational vs. Rhode Island, Georgetown | | |
| | Varsity 8 | 6:58.90 | 3rd |
| | 2nd Varsity 8 | 6:58.00 | 2nd |
| | 3rd Varsity 8 | 7:17.70 | 2nd |
| | Varsity 4 | 7:49.40 | 2nd |
| 4/9 | GW Invitational vs. George Washington, Navy | | |
| | 3rd Varsity 8 | 7:17.70 | 2nd |
| 4/16 | Kerr Cup # | | |
| | Varsity 8 | 6:44.83 | 4th |
| | 2nd Varsity 8 | 6:41.52 | 2nd |
| | Varsity 4 "A" | 7:39.09 | 4th |
| | Varsity 4 "B" | 8:00.21 | 6th |
| | 2nd Varsity 4 | 7:59.07 | 2nd |
| | Freshman 8 | 7:05.90 | 4th |
| 4/23 | Kelly Cup # | | |
| | Varsity 8 | 6:35.7 | 3rd |
| | 2nd Varsity 8 | 6:44.1 | 2nd |
| | Freshman 8 | 6:57.1 | 2nd |
| | Varsity 4 | 7:41.7 | 3rd |
| | 2nd varsity 4 | 7:57.7 | 3rd |
| 5/8 | Atlantic 10 Championships % | | |
| | Varsity 8 | 8:09.18 | 5th |
| | 2nd Varsity 8 | 8:56.29 | 6th |
| | Varsity 4 | 8:42.89 | 3rd |
| | 3rd Varsity 8 | 7:43.02 | 2nd (exh.) |
| 5/10-11 | Dad Vail Regatta # | | |
| | Varsity 8 (Petite Final) | 7:09.07 | 1st |
| | 2nd Varsity 8 | 7:50.11 | 5th |
| | 3rd Varsity 8 | 8:19.42 | 5th |
| TEAM FINISHES | | | |
| 4/11 | GW Invitational | | 4th |
| 5/2 | Atlantic 10 Championships % | | 5th |

ATLANTIC 10 MEDALISTS

Varsity 4 (Bronze)

Cailyn Charlesworth, Rose Tavianini, Sam Haines, Jess Pareja, Alana Cainsciulli



40 YEARS OF HAWK ROWING



The Saint Joseph's women's rowing program celebrated its 40th anniversary in 2015. Organized in the spring of 1975, the Hawks were the only women's crew team in the city other than Penn at that time. Saint Joseph's rowed out of the Vesper Boat Club and competed in its first Dad Vail Regatta in 1975. The program has grown tremendously over the 40 years and owns a proud tradition. In addition to having its own boathouse- the Gillin Boathouse - Saint Joseph's competes nationally and has twice participated in the Royal Henley Regatta in England.



Saint Joseph's first women's rowing team in 1975.



The 1978 Hawks at Philadelphia's famed Boathouse Row on their home course, the Schuylkill River.



The 1996 Hawks were the first Saint Joseph's team to compete in the Atlantic 10 Championships.



The Varsity 8 celebrates its gold medal at the 2006 Dad Vail Regatta.



Saint Joseph's captured its first-ever team title at the Atlantic 10 Championships in 2011.



ATLANTIC 10 CHAMPIONSHIP



2016 Atlantic 10 Championship
May 8 - Occoquan Reservoir - Fairfax Station, Va.

Past Atlantic 10 Championship Results

Team Standings

| | |
|--------------------------|-----------|
| 1. Rhode Island * | 51 |
| Massachusetts | 51 |
| 3. Fordham | 37 |
| 4. Duquesne | 35 |
| 5. Saint Joseph's | 30 |
| George Washington | 30 |
| 7. Dayton | 16 |
| 8. George Mason | 14 |
| 9. La Salle | 3 |

Varsity 8

| | |
|--------------------------|----------------|
| 1. Rhode Island | 7:37.30 |
| 2. Massachusetts | 7:39.34 |
| 3. Duquesne | 7:50.30 |
| 4. Fordham | 7:55.93 |
| 5. Saint Joseph's | 8:09.18 |
| 6. George Washington | 8:10.67 |

Second Varsity 8

| | |
|----------------------|---------|
| 1. Massachusetts | 8:07.10 |
| 2. Rhode Island | 8:09.64 |
| 3. Fordham | 8:22.76 |
| 4. George Washington | 8:31.72 |
| 5. Duquesne | 8:31.90 |

* Named overall champion based on Varsity 8 finish

Third Varsity 8 (non-scoring)

| | |
|--------------------------|----------------|
| 1. Rhode Island | 7:33.80 |
| 2. Saint Joseph's | 7:43.02 |
| 3. George Washington | 7:48.40 |
| 4. Duquesne | 8:05.92 |
| 5. Fordham | 8:16.48 |

Varsity 4

| | |
|--------------------------|----------------|
| 1. Massachusetts | 8:27.60 |
| 2. Rhode Island | 8:41.16 |
| 3. Saint Joseph's | 8:42.89 |
| 4. George Washington | 8:50.52 |

Atlantic 10 All-Conference

First Team

Delaney McGuire

Atlantic 10 All-Conference

Second Team

Brittany Stokes

Team Standings

| Year | Finish | Location | Pts |
|-------------|------------|------------------|-----|
| 2016 | 5th-T | Occoquan Res. | 30 |
| 2015 | 3rd | Cooper River | 38 |
| 2014 | 3rd | Cooper River | 36 |
| 2013 | 7th | Cooper River | 18 |
| 2012 | 6th | Cooper River | 30 |
| 2011 | 1st | Cooper River | 45 |
| 2010 | 3rd-T | Cooper River | 39 |
| 2009 | 3rd | Cooper River | 110 |
| 2008 | 3rd | Cooper River | 113 |
| 2007 | 4th | Cooper River | 24 |
| 2006 | 2nd | Cooper River | 33 |
| 2005 | 5th-T | Cooper River | 23 |
| 2004 | 3rd | Cooper River | 24 |
| 2003 | 4th | Cooper River | 28 |
| 2002 | 6th | Cooper River | 15 |
| 2001 | 3rd | Cooper River | 23 |
| 2000 | 3rd | Cooper River | 26 |
| 1999 | 3rd | Cooper River | 19 |
| 1998 | 6th | Cooper River | 14 |
| 1997 | 5th | Cooper River | 15 |
| 1996 | 5th-T | Schuylkill River | 10 |

Varsity 8

| | | |
|-------------|--------------|---------------|
| 2016 | 5th | 8:09.18 |
| 2015 | 5th | 7:06.84 |
| 2014 | 3rd | 7:33.78 |
| 2013 | 6th | 7:31.8 |
| 2012 | 5th | 7:15.3 |
| 2011 | 2nd | 8:04.4 |
| 2010 | 2nd | 6:42.4 |
| 2009 | 1st | 6:42.0 |
| 2008 | 2nd | 7:11.9 |
| 2007 | 4th | 6:52.5 |
| 2006 | 5th | 8:14.1 |
| 2005 | 4th | 7:05.6 |
| 2004 | 4th | 7:02.7 |
| 2003 | 5th | 7:38.1 |
| 2002 | 1st (Petite) | 7:30.17 |
| 2001 | 5th | 7:46.08 |
| 2000 | 5th | 7:16.8 |
| 1999 | 4th | 7:16.44 |
| 1997 | 6th | 7:45.10 |

Second Varsity 8

| | | |
|------|--------------|---------|
| 2016 | 6th | 8:56.29 |
| 2015 | 2nd | 7:02.05 |
| 2014 | 4th | 7:53.61 |
| 2013 | 2nd (Petite) | 7:52.3 |
| 2012 | 6th | 7:29.27 |
| 2011 | 3rd | 8:46.0 |
| 2010 | 5th | 6:58.0 |
| 2009 | 2nd | 6:58.8 |
| 2008 | 3rd | 7:20.2 |
| 2007 | 5th | 7:16.1 |
| 2006 | 5th | 9:21.8 |
| 2005 | 1st (Petite) | 8:17.6 |
| 2004 | 3rd | 7:04.2 |
| 2003 | 5th | 7:57.4 |
| 2002 | 4th | 7:25.05 |
| 2000 | 3rd | 7:58.5 |
| 1999 | 3rd | 7:31.62 |

Third Varsity 8 (non-scoring)

| | | |
|------|-----|---------|
| 2016 | 2nd | 7:43.02 |
| 2015 | 4th | 7:16.53 |

Lightweight 8

| | | |
|----------------------|------------|----------------|
| 2001 | 1st | 7:25.15 |
| 2000 | 1st | 7:32.80 |
| 1998 | 3rd | 7:03.51 |
| 1996 | 4th | 7:21.66 |
| Lightweight 4 | | |
| 2009 | 2nd | 8:10.4 |
| 2008 | 3rd | 8:34.7 |
| 2006 | 3rd | 11:14.2 |
| 2003 | 2nd | 8:23.9 |
| 1997 | 1st | 8:06.97 |

Novice 8

| | | |
|-------------|------------|---------------|
| 2011 | 1st | 8:39.8 |
| 2010 | 2nd | 7:18.08 |
| 2009 | 4th | 7:22.6 |
| 2008 | 1st | 7:20.8 |
| 2007 | 3rd | 7:34.0 |
| 2006 | 2nd | 9:02.9 |
| 2005 | 6th | 8:11.1 |
| 2004 | 5th | 7:36.4 |
| 2003 | 2nd | 7:28.9 |
| 2002 | 3rd | 7:38.00 |
| 2001 | 5th | 7:31.81 |
| 2000 | 3rd | 7:56.0 |
| 1999 | 5th | 7:53.57 |
| 1997 | 4th | 7:30.07 |
| 1996 | 4th | 7:24.03 |

Second Novice 8

| | | |
|------|-----|---------|
| 2005 | 3rd | 8:01.1 |
| 2003 | 2nd | 8:05.8 |
| 1998 | 5th | 8:45.18 |

Quad

| | | |
|-------------|------------|----------------|
| 2010 | 1st | 7:14.06 |
| 2009 | 1st | 7:20.0 |
| 2008 | 3rd | 8:42.1 |
| 2007 | 3rd | 7:50.0 |
| 2006 | 3rd | 9:32.0 |
| 2005 | 3rd | 8:21.5 |
| 2004 | 3rd | 8:09.0 |
| 2003 | 2nd | 8:15.6 |
| 2002 | 4th | 8:29.38 |
| 2001 | 2nd | 8:05.77 |
| 2000 | 5th | 8:27.9 |
| 1999 | 4th | 8:28.87 |
| 1998 | 3rd | 8:27.60 |

Varsity 4

| | | |
|------|--------------|---------|
| 2016 | 3rd | 8:42.89 |
| 2013 | 2nd (Petite) | 9:07.6 |
| 2012 | 3rd | 8:25.08 |
| 2011 | 3rd | 10:03.3 |
| 2009 | 1st (Petite) | 8:37.5 |
| 2008 | 4th | 8:49.0 |
| 2007 | 2nd (Petite) | 8:43.9 |
| 2006 | 1st | 9:44.0 |
| 2004 | 2nd | 8:17.1 |
| 2001 | 6th | 9:05.05 |
| 1998 | 4th | 7:58.56 |

Novice 4

| | | |
|-------------|------------|---------------|
| 2008 | 2nd | 8:48.1 |
| 2007 | 2nd | 8:15.3 |
| 2006 | 1st | 9:33.0 |
| 2005 | 1st | 8:32.9 |
| 2002 | 4th | 8:59.23 |
| 1996 | 4th | 8:49.30 |



Saint Joseph's Varsity 4 took home a bronze medal at the 2016 Atlantic 10 Championships.



DAD VAIL REGATTA



Saint Joseph's All-Time Dad Vail Results

Dad Vail M/W Overall Points Trophy

| | | |
|------|-------|----|
| 2010 | 1st | 45 |
| 2007 | 2nd | 31 |
| 2006 | 1st | 47 |
| 2005 | 1st | 40 |
| 2004 | 2nd | 48 |
| 2000 | T-2nd | 32 |
| 1999 | 2nd | 41 |

Women's Points Trophy

| | | |
|------|-------|----|
| 2011 | 2nd | 17 |
| 2010 | 2nd | 20 |
| 2009 | 4th | 16 |
| 2008 | 4th | 14 |
| 2007 | T-3rd | 17 |
| 2006 | 2nd | 16 |
| 2005 | 3rd | 13 |
| 2004 | 2nd | 20 |

Varsity 8 Finals

| | | |
|-------------|--------------|----------------|
| 2011 | 4th | 6:45.10 |
| 2010 | 2nd | 7:05.77 |
| 2009 | 3rd | 6:46.77 |
| 2008 | 6th | 6:45.45 |
| 2007 | 2nd | 6:34.49 |
| 2006 | 1st | 6:40.02 |
| 2005 | 2nd (Petite) | 7:25.02 |

| | | |
|------|--------------|---------|
| 2004 | 4th | 7:02.40 |
| 2003 | 1st (Petite) | 6:47.10 |
| 2000 | 5th | 6:51.62 |
| 1999 | 5th | 7:01.02 |

Lightweight Varsity 8 Finals

| | | |
|-------------|------------|----------------|
| 2001 | 4th | 7:41.00 |
| 2000 | 3rd | 7:03.60 |
| 1998 | 2nd | 4:33.99 |

Second Varsity 8 Finals

| | | |
|-------------|------------|----------------|
| 2016 | 5th | 7:50.11 |
| 2012 | 3rd | 7:13.47 |
| 2011 | 1st | 6:49.10 |
| 2010 | 3rd | 8:14.38 |
| 2008 | 5th | 6:50.62 |
| 2007 | 5th | 7:05.93 |
| 2004 | 2nd | 7:07.30 |
| 2003 | 5th | 7:18.60 |
| 2002 | 4th | 7:04.37 |
| 2000 | 4th | 7:07.05 |
| 1999 | 3rd | 7:57.16 |

Third Varsity 8 Finals

| | | |
|------|-----|---------|
| 2016 | 5th | 8:19.42 |
|------|-----|---------|

Freshman 8 Finals

| | | |
|-------------|------------|----------------|
| 2010 | 3rd | 7:06.72 |
| 2009 | 6th | 7:43.90 |
| 2008 | 2nd | 6:44.32 |
| 2007 | 4th | 7:15.21 |
| 2006 | 3rd | 7:08.59 |
| 2005 | 4th | 7:54.41 |
| 2004 | 2nd | 6:54.40 |
| 2003 | 2nd | 6:52.20 |
| 2002 | 2nd | 7:08.00 |
| 1998 | 5th | n/a |

Lightweight Freshman 8 Finals

| | | |
|-------------|------------|----------------|
| 2005 | 1st | 8:05.47 |
| 1998 | 5th | 4:40.54 |

Varsity 4+ Finals

| | | |
|-------------|------------|----------------|
| 2011 | 3rd | 7:30.33 |
|-------------|------------|----------------|

Lightweight 4 Finals

| | | |
|-------------|------------|----------------|
| 1998 | 3rd | 5:10.17 |
|-------------|------------|----------------|

• Medal-winning performances in **bold**



The Hawks advanced all of their eights to the Grand Finals at the 2010 Aberdeen Dad Vail Regatta. SJU owns the regatta record for reaching the Varsity 8 Grand Final for six consecutive years.



JESUIT INVITATIONAL



Saint Joseph’s Rowing established the Jesuit Invitational in 1999 and was a major race in the collegiate rowing season, featuring solely Jesuit colleges, that ran through 2014. It was held every year on the Cooper River in Pennsauken, N.J.

The Casey Ferrone Memorial Trophy is awarded to the Men’s Varsity 8 champion, while the Robert Gillin, Jr., Memorial Trophy is awarded to the Women’s Varsity 8 winner.

The Cannonball Trophy is given to the overall team champion. It is named in honor of Saint Ignatius Loyola, the founder of the Society of Jesus, who had his leg shattered by a cannonball while defending Spain from an attack by France. The Cannonball Trophy serves as a reminder that all good things start with pain. The glory of winning is only possible by withstanding the mental and physical pain of the 2000m race course. The trophy is awarded to the school with the highest combined points in the day’s races. It is a traveling trophy which the winner returns every year. The winning team receives a small cannonball that is theirs to keep as a reminder of their championship performance.

Casey Ferrone Memorial Trophy (Men’s V8 Champion)

- 1999 Saint Joseph’s
- 2000 Saint Joseph’s
- 2001 Georgetown
- 2002 Georgetown
- 2003 Georgetown
- 2004 Georgetown
- 2005 Georgetown
- 2006 Georgetown
- 2007 Race Cancelled
- 2008 Georgetown
- 2009 Georgetown
- 2010 Saint Joseph’s
- 2011 Georgetown
- 2012 Georgetown
- 2013 Georgetown
- 2014 Georgetown

Robert Gillin, Jr. Memorial Trophy (Women’s V8 Champion)

- Fordham
- Saint Joseph’s
- Boston College
- Holy Cross
- Boston College
- Boston College
- Boston College
- Boston College
-
- Saint Joseph’s
- Saint Joseph’s
- Saint Joseph’s
- Saint Joseph’s
- Boston College
- Boston College
- Boston College

Cannonball Trophy (Team Champion)

- Saint Joseph’s
- Saint Joseph’s
- Georgetown
- Georgetown
- Georgetown
- Georgetown
- Georgetown
- Georgetown
-
- Georgetown
- Georgetown
- Saint Joseph’s
- Georgetown
- Boston College
- Boston College
- Boston College



The Hawks’ Varsity 8 crew captured the Jesuit Invitational in 2008 and started a run of four consecutive Jesuit titles.



A PROUD TRADITION



The Saint Joseph's rowing programs have a proud history of success on the water, but a number of alums have achieved a great amount of post-graduate success in the sport as well. **Mike Teti '78, Teresa Zarzeczny Bell '88 and Renee Hykel '01** are three SJU legends that have gone on to even greater successes since their days on Hawk Hill. All three have taken their rowing careers to the highest levels of international competition, making the SJU rowing program a cradle of champions.

Arguably the best-known oarsman in America, Mike Teti was a top Hawk rower, graduating from SJU with a sociology degree in 1978.

"Saint Joseph's gave me the opportunity to compete and also the opportunity for a great education," Teti says. "I owe SJU a great debt for all of the opportunities I received."

From 1977-93, Teti rowed on 11 national teams, including three trips to the Olympic Games. He won 24 national championships, a gold medal in the men's eight at the 1987 World Championships and a bronze medal in the same event at the 1988 Olympics. He was named the 1987 United States Rowing Male Athlete of the Year.

Teti achieved even greater notoriety as a coach, guiding the U.S. men's open eight squad to an unprecedented three straight world championships. He also coached the men's four with coxswain to world championship gold. In 1996 he led the lightweight men's four to an Olympic bronze medal before being named USRowing's Head Men's Sweep Coach, the highest coaching honor in the country, in October of that year.

Teti became the U.S. Olympic coach following the 2000 Games, and led the men's eight boat to gold in Athens in 2004, a feat that the United States had not achieved since 1964 when another coach with Hawk ties, Al Rosenberg, led the Americans to victory. He also guided the U.S. Men to the bronze medal at the 2008 Olympics in Beijing.

Teti is currently the head coach of the men's crew team at the University of California and was inducted into the National Rowing Federation's Hall of Fame in 2010.

Teresa Bell is no stranger to success on the international level, either. Her Olympic dream began in the fall of 1992 when the International Olympic Committee announced that her event, the lightweight double sculls, would be a part of the Olympic Games in 1996.

In truth, Bell's journey really began back in 1985. In that year the sophomore joined the Saint Joseph's women's rowing club team. By 1988, she was a part-time member of the varsity squad, and her Hawk Hill career culminated in victory in the women's singles event at the prestigious Dad Vail Regatta. Bell later went on to be a member of both the Crescent Boat Club and the Fairmount Rowing Club, for whom she still rows when she is in Philadelphia.

In 1996, Bell was preparing for Olympic competition with intense workouts three times a day. She put in most of her work in Tennessee, the home

of the United States Women's Rowing Center. She also spent time training in Georgia in preparation for the Olympic Trials. Before the Olympic Games, she spent a month rowing in Europe before returning home for the Atlanta games.

This exhausting routine helped prepare Bell for the rigors of the highest level of international competition, but all of the work paid off in the end as Bell and her partner, Lindsay Burns, took the silver medal in the lightweight double sculls.

From Hawk Hill to the Olympic medal stand, Bell never forgot her roots. "I enjoyed my experience at Saint Joseph's," Bell says. "It made me who I am today. Besides rowing, Saint Joseph's taught me to be open-minded and that has really helped me."

Following the Olympics, Bell placed fifth in the same event at the 1997 World Championships. She was inducted, along with Teti, as a member of the inaugural class on the Saint Joseph's Athletics Hall of Fame in 1999. More recently, Bell was inducted into the National Rowing Foundation Hall of Fame in 2016.

SJU's influence is still being felt in the rowing community as Class of one of the top names in the sport. She is a five-time member of the U.S. National Team and competed at the World Championships every year from 2003 to 2006. In 2005, the former Saint Joseph's walk-on took silver in the lightweight double sculls at the World Championships in Gifu, Japan. In 2007, Hykel was the U.S. National Champion in the lightweight single sculls.

The year 2008 marked Hykel's first trip to the Olympic Games as she traveled to Beijing to compete in the lightweight double sculls event, the same event Teresa Bell took silver in at the 1996 Games. Hykel and her partner, former SJU assistant rowing coach Jen Goldsack, just missed the medal final after reaching the A/B semifinal.

Teti, Bell and Hykel are just three of more than a dozen Hawks to compete internationally, as athletes such as Sean Drea and the Flanigan brothers, Donald and Richard, have done Saint Joseph's proud at the highest levels of the sport.

In addition to these individuals, the Saint Joseph's rowing program continues to write new chapters in its ever-expanding legacy. Since 1999, the Hawk men's and women's teams have combined to finish first or second in the race for the coveted Jack Bratton Trophy, awarded to the Dad Vail Regatta's overall points champion, four times, most recently in 2010.

The women's program, meanwhile, has developed into one of the region's most formidable.

The 2006 season was a banner one for the Hawk program as a whole, as SJU turned in its then-best-ever finishes at the San Diego Crew Classic and Atlantic 10 Championships, and winning gold in the Varsity 8 at the Dad Vail Regatta. The 2006 team also competed in the prestigious Henley Royal Regatta in the United Kingdom, a first for Saint Joseph's.

In 2009, the Hawks' Varsity 8 set a record in becoming the only team to advance to the Grand Final of the Dad Vail Regatta for five consecutive years and increased that mark to six straight in 2010. SJU's Freshman 8 also advanced to the Grand Final for eight years in a row. The 2010 season culminated with Saint Joseph's competing at Henley for the second time in school history, while in 2011, the Hawks won their first Atlantic 10 Conference team championship.



Teresa Bell was a silver medalist in the 1996 Olympic Games.



The Hawks have made two trips to the Henley Royal Regatta, with the most recent being in 2010. They are set for a third trip in 2017.



A PROUD TRADITION



(Left) Saint Joseph's took first place in the Varsity 8 at the 2006 Dad Vail Regatta. The Hawks also won the men's and women's combined overall points trophy in 2005, 2006 and 2010.

(Middle) The Hawks competed at the prestigious Henley Royal Regatta in 2006 (pictured) and then again in 2010.

(Bottom left) Saint Joseph's Varsity 8 took the Cal Cup at the 2008 San Diego Crew Classic for the first time in school history.



(Above) Saint Joseph's alum Renee Hykel '01 has had great success at the international level and rowed for the United States in the 2008 Beijing Olympics. She was inducted into the Saint Joseph's Athletics Hall of Fame in 2010.





ALL-TIME HONORS



NATIONAL/REGIONAL

Atlantic 10 All-Conference

- 2016 Delaney McGuire (1st Team)
Brittany Stokes (2nd Team)
- 2015 Amanda McEvoy (1st Team)
Brittany Stokes (1st Team)
Taylor Biesiada (2nd Team)
- 2014 Myra McCann (1st Team)
Amanda McEvoy (1st Team)
Maura Mahoney (2nd Team)
- 2013 Brittany Roth (1st Team)
- 2012 Ariana McDevitt (1st Team)
- 2011 Danielle Brady (1st Team)
Brianna Kammerman (1st Team)
Colleen Smith (1st Team)
Clare Burns (2nd Team)
- 2010 Christina DiSanto (1st Team)
Colleen Greway (1st Team)
Tina Regan (2nd Team)
- 2009 Debbie Bateman (1st Team)
Lauren Sysol (1st Team)
Colleen Greway (2nd Team)
- 2008 Alicia Easby-Smith (1st Team)
Liz Sauter (1st Team)
Debbie Bateman (2nd Team)

Atlantic 10 Coach of the Year

- 2009 Gerry Quinlan

Atlantic 10 Rowing

Student-Athlete of the Year

- 2009 Debbie Bateman
- 2008 Debbie Bateman

Atlantic 10 Academic All-Conference

- 2013 Brittany Roth
- 2011 Danielle Brady
- 2010 Danielle Brady, Colleen Greway,
Katie Herdmann, Lauren Rozsits
- 2009 Debbie Bateman, Colleen Greway
- 2008 Debbie Bateman
- 2007 Debbie Bateman
- 2006 Katie Parry
- 2005 Katie Parry

Dad Vail Regatta

Matthew Ledwith Coaches Award

- 2012 Gerry Quinlan

Collegiate Rowing Coaches of America

All-Mid Atlantic Region

- 2009 Debbie Bateman (1st Team)

Collegiate Rowing Coaches of America

Scholar-Athlete

- 2006 Katie Parry

Philadelphia Inquirer Academic All-Area

Performer of the Year

- 2013 Brittany Roth
- 2011 Danielle Brady
- 2009 Debbie Bateman
- 2008 Debbie Bateman
- 2007 Debbie Bateman

Philadelphia Inquirer Academic All-Area Team

- 2016 Katherine Robb
- 2014 Alexa Lawson, Maura Mahoney,
Angela Smith
- 2013 Brittany Roth
- 2012 Bridge Dempsey, Ariana McDevitt
- 2011 Angela Acuña, Danielle Brady, Alex Karls
- 2010 Colleen Greway, Katie Herdmann,
Lauren Rozsits
- 2009 Debbie Bateman, Danielle Brady,
Colleen Greway, Katie Herdmann,
Lauren Rozsits
- 2008 Debbie Bateman, Kristen Bonnici,
Colleen Greway, Caitlin Twaddell
- 2007 Debbie Bateman
- 2006 Brianna Kearns, Katie Parry,
Elise Tosatti

UNIVERSITY/TEAM

Athletics Hall of Fame

- 2013 Laura Barry '79
- 2010 Renee Hykel '01
- 2000 Anne Gallagher '78
- 1999 Teresa Zarzeczny Bell '88

Class of 1950 Award

- 2011 Danielle Brady
- 2010 Colleen Greway
- 2009 Debbie Bateman

Most Outstanding Performer*

- 2016 Maura Daly
- 2015 Amanda McEvoy
- 2014 Amanda McEvoy
- 2013 Brittany Roth
- 2012 Ariana McDevitt
- 2011 Danielle Brady
- 2010 Colleen Greway
- 2009 Debbie Bateman
- 2008 Liz Sauter
- 2007 Debbie Bateman
- 2006 Amanda Holland & Jenn Linck
- 2005 Amanda Holland
- 2004 Megan Nechanicky
- 2003 Amy Platt
- 2002 Lauren Sumser
- 2001 Renee Hykel
- 2000 Erin Brown

Scholar-Athlete Award*

- 2016 Brittany Stokes
- 2015 Megan Michaels
- 2014 Kelly Rupert
- 2013 Angeline Nocella

- 2012 Bridget Dempsey
- 2011 Colleen Smith
- 2010 Danielle Brady
- 2009 Colleen Greway
- 2008 Tina Sadowski
- 2007 Debbie Bateman
- 2006 Elise Tosatti
- 2005 Elise Tosatti
- 2004 Katie Parry
- 2003 Stephanie Smith
- 2002 Karen Rensman

Vasquez Award (Jesuit Values)*

- 2016 Delaney McGuire
- 2015 Taylor Biesiada
- 2014 Nicola O'Donnell
- 2013 Gabriella Parker
- 2012 Brittany Roth
- 2011 Angela Acuña
- 2010 Tina Regan
- 2009 Lauren Sysol
- 2008 Alicia Easby-Smith
- 2007 Meghan Henry
- 2006 Maureen Owston
- 2005 Jenn Linck
- 2004 Bernice McPherson
- 2003 Laurie Sparano
- 2002 Karen Rensman
- 2001 Megan McLaughlin

Leahy Award (Loyalty)*

- 2016 Katherine Robb
- 2015 Brittany Stokes
- 2014 Alexa Lawson
- 2013 Katie Messina
- 2012 Bridget Dempsey
- 2011 Brianna Kammerman
- 2010 Christina DiSanto
- 2009 Liz Golden
- 2008 Kelly McKinley
- 2007 Alicia Easby-Smith
- 2000 Renee Hykel

Academic Award*

- 2016 Caroline Strauss
- 2015 Katherine Robb
- 2014 Angela Smith
- 2013 Brittany Roth
- 2012 Megan Michaels
- 2011 Alex Karls
- 2010 Erin Butler & Katie Herdmann
- 2008 Katie Herdmann
- 2002 Karen Rensman
- 2001 Cheryl Maslanek
- 2000 Cheryl Maslanek

* lists incomplete



ALL-TIME ROSTER



| A | |
|------------------|---------|
| Angela Acuña | 2008-11 |
| Carissa Adams | 1995 |
| Marci Armetta. | 2001-04 |
| Hilary Armstrong | 2005-08 |

| B | |
|----------------------|-----------|
| Lauren Bair | 2002-03 |
| Sarah Banfer | 2001-03 |
| Gina Barbone | 2006 |
| Jessica Barsky | 2005-07 |
| Debbie Bateman | 2006-08 |
| Madeline Beirne | 2016- |
| Sarah Bell | 2010 |
| Kara Beres | 2001 |
| Catherine Best | 2005-07 |
| Maria Biancaniello | 2015- |
| Taylor Biesieda | 2012-15 |
| Deanna Bigford | 2008 |
| Anna Birmingham | 2015- |
| Kaitlin Bonaskiewich | 2006 |
| Kristen Bonnici | 2006-08 |
| Danielle Brady | 2008-11 |
| Carrienne Brogan | 1993-94 |
| Jenni Broring | 2010-13 |
| Erin Brown | 1997-2000 |
| Caroline Buckley | 2014 |
| Clare Burns | 2008-11 |
| Erin Butler | 2009-10 |
| Jess Buzas | 2000-01 |

| C | |
|---------------------|---------|
| Kim Caccese | 1997 |
| Valentina Caicedo | 2016- |
| Emma Callahan | 2014-15 |
| Madeleine Campbell | 1996-97 |
| Jackie Castorino | 2009-12 |
| Corey Cella | 2007 |
| Rebecca Celotto | 2001-04 |
| Paige Cesky | 2011-14 |
| Cailyn Charlesworth | 2016- |
| Alana Cianciulli | 2016- |
| Jennfer Ciglar | 1998-99 |
| Sara Clark | 2016- |
| Megan Coakley | 2001-02 |
| Emily Coldren | 2012-15 |
| Erin Coleman | 2014 |
| Katie Comerer | 2012-15 |
| Julie Conroy | 2001-02 |
| Colleen Cooney | 1996 |
| Debbie Cosmetis | 1998-99 |
| Melissa Craig | 2008 |
| Dawn Critchfield | 1997-99 |
| Courtney Cronauer | 2003-04 |
| Jess Crosby | 2016- |
| Rachel Cruse | 1992-93 |
| Jen Cunningham | 1994-95 |
| Sarah Curran | 1996-99 |

| D | |
|-------------------|---------|
| Elizabeth Daly | 2003-06 |
| Maura Daly | 2014- |
| Stephane D'Angelo | 2007 |

| | |
|-------------------|-----------|
| Jane Day | 1993 |
| Lisa DeBerardinis | 1995-97 |
| Shannon Deegan | 2001-03 |
| Maureen Demer | 2002-04 |
| Tracy Demorest | 1995-96 |
| Bridget Dempsey | 2009-12 |
| Fiona Devine | 2016- |
| Jen DiBona | 1995-97 |
| Maria DiGiacomo | 2014-15 |
| Nicole DiPietro | 2016- |
| Christina DiSanto | 2007-10 |
| Sarah Donahue | 2014-15 |
| Melissa Doyle | 1998-2001 |
| Jennifer Drum | 1992 |

| E | |
|--------------------|---------|
| Alicia Easby-Smith | 2005-08 |
| Katie Erwin | 2016- |
| Laken Ethun | 2011-12 |
| Deanna Ettore | 2001 |

| F | |
|-----------------|-----------|
| Kristen Fiorino | 1998 |
| Meghan Flood | 2016- |
| Kate Fratantoro | 2001 |
| Rachel Fonorow | 2003-04 |
| Jordan Foster | 1999-2001 |
| Mary Cate Fox | 2008-10 |
| Cassie Francis | 2016- |
| Heather Franz | 1999-2001 |
| Danielle Frolow | 1996-99 |

| G | |
|-------------------------|------------|
| Allison Gallagher | 2006-08 |
| Lauren Gallagher | 2002-04 |
| Tara Garrett | 1994, 1996 |
| Maria Gaudio | 2007 |
| Shelly Germana | 1999 |
| Kristin Giacchino | 1997 |
| Mary Kate Gibbons | 2012-15 |
| Samantha Gitman | 2004 |
| Ashley Glidden | 2007 |
| Liz Golden | 2006-08 |
| Felicia Gojmerac | 2011-12 |
| Anjelica Grebenschikoff | 2014- |
| Kristin Greenbaum | 2004-05 |
| Colleen Greway | 2007-10 |

| H | |
|-----------------|---------|
| Samantha Haines | 2016- |
| Tai Haluszka | 2007 |
| Emma Harmon | 2007-08 |
| Kate Harron | 2002-03 |
| Andi Hartfield | 2007-10 |
| Erin Hartshorn | 1995 |
| Caroline Hatten | 1992-93 |
| Marie Haughton | 1993-94 |
| Gabby Hazzouri | 2007-08 |
| Karen Hellberg | 1992-94 |
| Meghan Henry | 2004-07 |
| Katie Herdmann | 2008-10 |
| Emily Hicken | 2014-15 |
| Laura Hill | 2003-04 |



Danielle Brady '11

| | |
|-----------------|-----------|
| Cynthia Hoffman | 1995 |
| Amanda Holland | 2003-06 |
| Tracey Howard | 1992 |
| Renee Hykel | 1998-2001 |

| J | |
|---------------|---------|
| Sharon Jacob | 1999 |
| Alison Jacobs | 2009-11 |
| Mary Jameson | 2001-04 |
| Diana Janik | 2001 |
| Molly Johnson | 1999-00 |

| K | |
|-------------------|---------------|
| Brianne Kammerman | 2008-11 |
| Brianna Kearns | 2003-06 |
| Caitlin Kennedy | 2016- |
| Natalie Krebsbach | 2015- |
| Kelly Koritko | 1997-2000 |
| Patti Kryst | 1995-98 |
| Madeline Kuntz | 2013, 2015-16 |

| L | |
|-------------------|---------|
| Stephanie Lang | 2006 |
| Kelsely Larzelere | 2011-12 |
| Kristen Lauber | 2005-06 |
| Molly Lawrence | 2011-12 |
| Alexa Lawson | 2011-14 |
| Juliet Lee | 2008-10 |
| Martha Limbach | 2001-04 |
| Jenn Linck | 2003-06 |
| Anissa Liska | 1993 |
| Kim Lonergan | 1996-97 |
| Jessica Lytle | 2001 |
| Genevieve Lynch | 1992-94 |

| M | |
|-----------------|---------|
| Katie MacTurk | 2006-09 |
| Shannon Maguire | 1992 |
| Maura Mahoney | 2013-16 |
| Nazel Malhani | 2014- |
| Jenn Malsbury | 1996-98 |
| Carolyn Manion | 1995-97 |
| Nicole Marchese | 2014 |

| | |
|--------------------|------------|
| Emily Martin | 2003-04 |
| Amelia Martinie | 2016- |
| Anna Martucci | 2009-10 |
| Lauren Marvello | 2000-02 |
| Cheryl Maslanek | 1998-2001 |
| Taylor Mason | 2013-14 |
| Marissa Mazza | 2005-07 |
| Jennifer McBrearty | 1999-2000 |
| Meg McCabe | 2010-11 |
| Myra McCann | 2012-15 |
| Maria McCann | 2000-01 |
| Carolyn McCloskey | 1997, 1999 |
| Cailin McCully | 2015- |
| Ariana McDevitt | 2009-12 |
| Amanda McEvoy | 2012-15 |
| Brynn McGillin | 2016- |
| Johanna McGovern | 2014 |
| Delaney McGuire | 2013-16 |
| Kathleen McHugh | 1999-2001 |
| Kelly McKinley | 2005-08 |
| Tara McLaren | 1997 |
| Meghan McLaughlin | 1998-2001 |
| Cheryl McNamara | 1993-95 |
| Bernice McPherson | 2002-04 |
| Emily McVan | 2010 |
| Margot Merrill | 2014- |
| Katie Messina | 2010-13 |
| Megan Michaels | 2012-15 |
| Sue Migliaccio | 1996-97 |
| Elise Miller | 2010 |
| Dominique Milillo | 2015- |
| Ashley Milspaw | 2002-03 |
| Natalia Molina | 1994 |
| Anne Monte | 2016- |
| Kerry Moore | 2001 |
| Erin Moran | 1996 |
| Allison Morrison | 2007-08 |
| Ashley Morrison | 2006 |
| Brigid Morrison | 2003-04 |
| Bonnie Mueller | 1991-92 |
| Maggie Mueller | 2013-16 |
| Molly Murray | 2010-11 |



ALL-TIME ROSTER



Brittany Stokes '16

N

| | |
|------------------|---------|
| Melisa Nagurny | 1994 |
| Joanne Nasife | 1997 |
| Sonia Navarro | 1994 |
| Megan Nechanicky | 2002-04 |
| Nancy Neves | 1996-99 |
| Dina Nicolosi | 1992 |
| Angeline Nocella | 2012-14 |

O

| | |
|--------------------|-----------|
| Debra Occhipinti | 1997-2000 |
| Corrinne O'Connell | 1995-96 |
| Honora O'Connell | 1992-94 |
| Nicola O'Donnell | 2011-14 |
| Erin O'Hanlon | 2003-06 |
| Carrie O'Rourke | 1996-97 |
| Jennifer Olbrich | 1992-93 |
| Maureen Owston | 2003-06 |

P

| | |
|------------------|---------|
| Jess Pareja | 2015- |
| Elizabeth Parker | 2012-15 |
| Gabriella Parker | 2010-13 |
| Katie Parry | 2003-06 |
| Theresa Penetar | 2008 |
| Jill Perkins | 2011-13 |
| Suzanne Phillips | 2000-03 |
| Briege Pilch | 2015- |
| Amy Platt | 2000-03 |

R

| | |
|--------------------|-----------|
| Kathleen Radebaugh | 2005-08 |
| Kaitlin Reehill | 2006-07 |
| Tina Regan | 2007-10 |
| Karen Rensman | 1999-2002 |
| Meredith Richter | 2003-04 |
| Rebecca Riegert | 1998-2000 |
| Katherine Robb | 2014- |
| Rebecca Roberts | 1993 |
| Kerri Roman | 2015- |
| Jess Romano | 2010-12 |
| Brittany Roth | 2010-13 |
| Lauren Rozsits | 2007-10 |

| | |
|-----------------|---------|
| Beth Ruiz | 2000-01 |
| Kelly Rupert | 2012-14 |
| Dominique Russo | 2007 |
| Erin Ryan | 1994 |
| Emer Ryle | 2015- |

S

| | |
|----------------------|-----------|
| Jamie Sabella | 1998-2001 |
| Tina Sadowski | 2005-08 |
| Mary Sangemino | 1996-97 |
| Liz Sauter | 2005-08 |
| Moira Schanne | 2010-11 |
| Kaitlin Scher | 2010 |
| Meaghan Scher | 2010-12 |
| Jennifer Schorn | 1992-94 |
| MaryBeth Schulte | 1996 |
| Kelsey Schranze | 2012 |
| Christina Scollin | 2005-06 |
| Mary Seery | 2006 |
| Faith Seher | 1999-2002 |
| Emily Serkes | 2014-15 |
| Phoebe Sheahan | 2016- |
| Julianne Shillington | 2009-12 |
| Rachel Shustack | 2009-12 |
| Caterina Silvestrini | 2002-03 |
| Francesca Simms | 2014-15 |
| Natalie Simms | 2015- |
| Lauren Slattery | 2015- |
| Angela Smith | 2012-15 |
| Colleen Smith | 2008-11 |
| Janine Smith | 1997-2000 |
| Stephanie Smith | 2000-03 |
| Tara Smith | 2002-03 |
| Laurie Sparano | 2000-03 |
| Jamie Speranzo | 2005-06 |
| Meaghan Stanton | 2005-07 |
| Jennifer Steel | 2001-03 |
| Victoria Stewart | 2011-12 |
| Brittany Stokes | 2014-16 |
| Brianna Stone | 2016- |
| Amanda Stooks | 2008 |
| Alana Storr | 2014-15 |
| Christine Stopyra | 2008 |

| | |
|------------------|-----------|
| Caroline Strauss | 2016- |
| Olivia Sullivan | 2016- |
| Lauren Sumser | 1999-2002 |
| Christie Sweet | 1999-2001 |
| Lauren Sysol | 2006-09 |
| Maddie Szabo | 2014 |

T

| | |
|---------------------|-----------|
| Michelle Tacconelli | 1998-2001 |
| Dawn Tancredi | 1994-96 |
| Kate Tarpey | 2004-06 |
| Rose Tavianini | 2015- |
| Claire Tedesco | 2012-14 |
| Sue Telesca | 1994 |
| Carla Tesoro | 1996-97 |
| Sheryl Tharp | 1998 |
| Megan Thomas | 1997-2000 |
| Betsy Thompson | 2009-11 |
| Kelly Thompson | 1999 |
| Lindsay Thompson | 2005-06 |
| Laura Thornton | 2007-08 |
| Kathleen Tierney | 1996-98 |
| Raelene Tiz | 1996-97 |
| Sarah Toman | 1999 |
| Allison Toner | 2006-07 |
| Elisa Tosatti | 2005-07 |
| Donna Tozer | 1994-97 |
| Sarah Trainer | 2008 |
| Colleen Tritt | 2013-14 |
| Caitlin Twaddell | 2005-08 |

V

| | |
|-----------------|---------|
| Alyssa Vanni | 2015- |
| Ashley Varghese | 2014-15 |
| Allison Vaughn | 2002-04 |

W

| | |
|-------------------|---------|
| Jeanne Wells | 2005-08 |
| Bridget Welsh | 2014- |
| Eileen Welsh | 2014-16 |
| Kathleen Welsh | 2010 |
| Kaitlyn Weston | 2005-07 |
| Beth Whelan | 1995-97 |
| Margaret Whiteman | 2014 |
| Jenn Wilson | 2001-04 |
| Samantha Wilson | 2008 |
| Rebecca Wintz | 2001 |
| Jen Wolfe | 1996-97 |
| Ashley Wollman | 2008-10 |
| Marrisa Woodland | 1999 |

Y

| | |
|--------------|---------|
| Aleena Yobbi | 2012-14 |
|--------------|---------|

Z

| | |
|-------------|---------|
| Tori Zunino | 2002-03 |
|-------------|---------|

- Years listed are spring seasons; for example, "2013" indicates 2012-13 academic year
- All athletes listed have earned at least one varsity letter



ADMINISTRATION



Mark C. Reed, Ed.D.
University President



Don DiJulia
Vice President for Athletics
Athletic Director

ATHLETIC DIRECTORY

| | | |
|---|----------------------|------------------|
| Vice President for Athletics/Athletic Director..... | Don DiJulia | 610-660-1707 |
| Senior Associate Vice President/Athletic Business Affairs..... | Jim Brown | 610-660-1726 |
| Associate Vice President/Athletic Development..... | Katie Shields | 610-660-1231 |
| Associate Athletic Director/Varsity Programs..... | Renie Shields | 610-660-2584 |
| Associate Athletic Director/Facilities..... | Al Pendleton | 610-660-3292 |
| Associate Athletic Director/Marketing & Corporate Partnerships... . | Tim Curran | 610-660-1702 |
| Associate Athletic Director/Communications..... | Marie Wozniak | 610-660-1727 |
| (Women's Rowing Contact)..... | | mwozniak@sju.edu |
| E-mail..... | | |
| Assistant Athletic Director/Recreation & Intramurals..... | Corey Shannon | 610-660-3052 |
| Assistant Athletic Director/Facilities..... | Joe DeLacy | 610-660-1720 |
| Director of Educational Support Services..... | Janet Greder | 610-660-1728 |
| Director of Sports Medicine..... | Lori Sweeney | 610-660-1699 |
| Athletics Office..... | | 610-660-1707 |
| Athletics Fax..... | | 610-660-1724 |

SAINT JOSEPH'S UNIVERSITY ATHLETICS MISSION STATEMENT



The Mission of the Athletics Department at Saint Joseph's University reflects the Mission of the University by using the programs within Athletics as a way to develop the whole person and preparing men and women for others.

- To educate the whole person by complementing the academic experience with athletic and recreational programs and activities outside the classroom.
- To create an environment for personal growth through openness, respect, and a concern for others.
- To communicate the value of community and family through team work and sportsmanship.
- To provide opportunities for students to learn self-discipline, responsibility, decision-making, and attainment of goals.
- To provide opportunities for students to participate and compete in a first-class manner.
- To provide equitable opportunities for all students and staff, including women and minorities.
- To advance the University regionally and nationally through intercollegiate athletics.

THE HAWK



One of the most famous mascots in college sports, the Saint Joseph's Hawk has been flapping its wings for more than 60 years. The Hawk, which celebrated its golden anniversary in 2005-06, is best known for staying in constant motion by flapping its wings throughout every basketball game and representing the Saint Joseph's motto, "The Hawk Will Never Die."

Saint Joseph's athletic teams have been recognized with the nickname "Hawks" since 1929. At that time, the school's yearbook editor initiated a contest among the student body for a symbol. More than 100 submissions were narrowed, with "Hawks" winning out over "Grenadiers" by a slim margin. The name was appropriate because it typified "the fighting spirit of our crimson and gray athletes and it is suggestive of the aerial attack which has made our football team famous." Football, ironically, was discontinued at SJU following the 1939 season.

The Hawk mascot has garnered numerous accolades in its over 60-year history. It has been selected as the nation's top mascot by *The Sporting News*, *Sports Illustrated*, *Sports Illustrated for Kids*, *Street & Smith's Basketball Yearbook*, *ESPN College Basketball* magazine and was nominated for the Mascot Hall of Fame in 2008.